

## Sample Prayer: INTEGRATION OF THE COVENANT BLOCKING SPLINTERS

*Our Father, we forgive the part of our soul that was wounded when we were traumatized as a child and were given the responsibilities of an adult. We forgive the part that is afraid to take on any further responsibilities. We forgive the part that was wounded when our parents did not bond with us and then learned to control our lives by building walls. We forgive that part that has built personalities upon this foundation that now provide value to the self, but detriment to the Kingdom of God. We forgive the part of us that has blinded us to this detriment because we have blessed the value. We wash these parts with the Blood of Jesus.*

*Our Father, we forgive the part of that is ashamed and is protecting ourselves by hiding from You. We forgive the part that tries to discipline ourselves and goes off to extremes in the process. We forgive the part that is afraid of man and so settles for the good instead of boldly pursuing the best. We forgive the part that has vowed never to be found lacking, responsible, or to blame ever again. And finally, we forgive the part that has accused You of making us die when You did not. That is a lie, You died for us first. We wash each of these parts with the Blood of Jesus.*

*And each part is now purified and redeemed, and we are restored back to the bride of Christ that we were created to be: whole, complete, unified, and integrated. We hurl down the accuser with the Blood of the Lamb and the word of our testimony.*

*Our Father, as a whole and complete bride, we freely choose to repent of all of these things: fear, anger, control, self-protection, shame, self discipline, settling for less than Your covenant, evil vows, and falsely accusing You. We receive the Blood of Jesus and we are forgiven.*

*Equally, we forgive every person who traumatized us. Our parents for not bonding with us. Those who were hypocrites, or were directly harmful to us. We forgive those who judged us, those who did not Love us, those who are jealous of us, those who gave us responsibilities too early, and those who misrepresented Your character, Father. We wash us all with the Blood of Jesus and we are all purified, redeemed, and restored back to You. We hurl down the accuser and the memory of these sins is erased. We ask You to burn all residue of evil from us that we are now clean and pure. We give You the glory, in Jesus name we pray. Amen.*